

Welcome to Alisun

Take time out for yourself with our state of the art tanning and toning systems, and full range of health & beauty treatments. During your visit our qualified and experienced team will ensure that not only do you receive all the knowledge and results you require, but that you are made to feel welcome and relaxed in our friendly unisex salon.

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**An Alisun Gift Voucher makes the ideal present.
They are available for any treatment, product or amount.**

Important Information

Please be aware that we require at least 24 hours notice for cancellations. When making a booking a qualified therapist is allocated to you for the duration of your treatment. Failing to arrive or cancelling at short notice may result in you having to pre-pay for any further treatments. We may require a deposit for bookings over £50.00

We want to ensure that you leave us completely satisfied. Let us know if there is anything we can do to make your experience any better. Please let us know if you are pregnant or have any relevant medical conditions.

We are a Local Authority approved salon for electrolysis and ear piercing.

UV Tanning

Create the perfect tan, in a controlled environment, with a choice of lay down and stand up systems. A full range of tanning accelerator lotions are also available. We are members of the Sunbed Association who regulate us to ensure we are providing a safe and responsible approach to tanning.

Individual Sessions (per minute) £1.20

Courses

(minutes can be used at your leisure with no expiry, and can be shared with a friend or relative)

60 Minutes	£50
90 Minutes (plus 15 free)	£70
120 Minutes (plus 30 free)	£89
240 Minutes (plus 60 free)	£157

Membership

(Unlimited use of any bed, paid monthly by debit/credit card or standing order, terms and conditions apply)

Single Membership	£32
Joint Membership	£55

Non-UV Tanning

Fake Bake Spray Tan

Fake bake is the go to tan for celebrities, beauty editors and salon professionals alike. With 25 years experience the luxurious formulations contain premium ingredients, free from artificial preservatives, parabens, and clinical trials.

Full Body Application	£26
Legs Only	£16

Ear Piercing

Wide selection of studs, using the Caflon System **£20**
Includes take home aftercare solution.

Ear Candling

This is a wonderfully relaxing and beneficial treatment. It can help with many conditions and problems associated with the ear, nose and throat areas.

30 mins £21

Body Toning

Toning Tables

Toning tables gently exercise the body, increasing your flexibility whilst helping to trim your figure. These exercises also improve circulation, mobility, elasticity, muscle definition and relieve a number of conditions.

Trial Session	1 hr	Free
Single Session	1 hr	£8
10 Session Course		£58
Membership	(unlimited use, payable monthly)	£37

Oscill8 Vibration Machine

Burn 174 calories in 5 mins, relieve back & joint pain, strengthen core muscles, decrease blood pressure and retain healthy bones.

Trial Session		Free
Price Per Minute		50p
Membership	(unlimited use, payable monthly)	£15

Guinot Treatments

Guinot Skincare

Guinot prides itself on remaining at the forefront of both machine based, and manual treatments. Over 40 years ago Guinot introduced to the world, the first machine based facial, which uses galvanic and high frequency technology, known today as the award winning Hydradermie. Guinot has since led the way in treatment innovations and due to its pharmaceutical heritage is continually adapting and developing their product and treatment formulas to ensure they provide only the best results. With outstanding clinical trial results, clients will see a difference in their skin.

Manual Treatments

Essential	45 mins	£34
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The express facial for when time is precious.

The ideal introduction to Guinot treatments. This facial includes cleansing, toning and exfoliation massage and masque with products suited to your skin.

Skin Revitaliser

With Extraction	1 hr 15 mins	£38
Without Extraction	1 hr	£35

A treatment using steam which deep cleanses, having anti-bacterial effects with or without the extraction of blackheads, ideal for teenage skin.

Gulnot Age Summum	50 mins	£72
<i>The Ultimate Anti-Ageing Treatment</i>	Course of 3	£194

The pinnacle of anti-ageing treatments, Age Summum, uses pure Vitamin C, Hyaluronic Acid and Pro-Collagen to target the signs of ageing. Active ingredients are penetrated into the skin using the exclusive Age Summum anti-ageing facial massage. Fine lines and wrinkles are smoothed and the skins youthful radiance is restored.

Liftosome Facial	50 mins	£52
<i>The Firming, Lifting Treatment</i>	Course of 3	£140

This treatment focuses on restoring firmness and youth to skin which is showing signs of ageing and fatigue. The modelling and gentle heating effects from the ThermoLift Mask penetrate the active ingredients into the skin leaving the face firm and the skin smooth.

Hydra Peeling Facial	45 mins	£65
<i>The Radiance Peeling Treatment</i>	Course of 3	£175

Hydra peeling is a skin rejuvenating treatment with two peeling options that are adjusted and prescribed based on your skin and beauty goals. Hydra peeling is a unique alternative to aesthetic medicine that erases visible signs of ageing, brightens the skin tone and diminishes dark spots. This even enables sensitive skin to enjoy the benefits of an enhanced cellular regeneration peel.

(This treatment requires a patch test)

Aromatic	45 mins	£47
<i>The Relaxation Treatment</i>		

Powered by essentials oils, this luxurious, holistic treatment uses carefully selected plant concentrates to bring natural beauty to your skin. The bespoke treatment method combines the benefits of essential oils with unique massaging techniques to fill your skin with energy. Concluding with an Aromatic mask, your skin will restore its natural radiance.

Machine Based Treatments

Eye Logic	40 mins	£50
<i>The Instant Eye Repair Treatment</i>	Course of 3	£135

This unique treatment targets signs of ageing and tiredness around the delicate eye area, including fine lines, wrinkles, puffiness and dark circles. Using an expert combination of machine technology, a specific hands-on massage and a specially designed eye mask soaked in a concentrated skin repair serum for maximum effectiveness.

Hydraderm Cellular Energy **1 hr** **£67**
Complexion Rejuvenating Treatment **Course of 3** **£185**

Achieve immediate result with Guinot's brand new, revolutionary treatment which provides the alternative to aesthetic surgery. Using dynamic ionisation and thermal energy, this patented technology encourages the cellular energy in the skin which beautifully enhances and spectacularly rejuvenates the complexion. This unique treatment, with a variety of bespoke variations to suit your skin type and concerns allows you to achieve exceptional, visible and clinically proven results after just one treatment.

Hydraderm Cellular Energy Lift **1 hr** **£67**
Complexion Lifting Treatment **Course of 3** **£185**

We can't fight against time, but we can reduce the effects of time on the skin. This effective lifting treatment stimulates the facial muscles using a low frequency current which causes a toning action, stimulating the muscle fibres in the skin leaving a smoother, firmer and more youthful appearance to the complexion.

Hydradermie Lift Express **30 mins** **£47**
The Express Treatment **Course of 3** **£127**

For those who are in a hurry and need quick results, this treatment includes cleansing, exfoliation and muscle stimulation restoring a youthful tone to the complexion.

Guinot Body Treatments

Guinot Body Polish **45 mins** **£31**

A body exfoliating treatment using Guinot exfoliating gel, followed by a nourishing body lotion, leaving your skin silky smooth.

Guinot Pregnancy Pampering **1 hr 30mins** **£65**

A mini facial and full body exfoliation with lots of luxurious massage on ankles, feet, legs and lower back. Sure to sooth and revitalise expectant mums.

Massage

Swedish Full Body 1 hr £40

A relaxing massage to help relieve tension whilst soothing aching muscles.

Swedish Back Massage 30 mins £24

Includes back, neck and shoulders to relax tightness and aching muscles.

Indian Head Massage 45 mins £28

A shoulder, neck, head and face massage using essential oils. A treatment that helps to clear and balance the bodies systems. Very effective for stress, insomnia, tension, headaches, emotional problems and exhaustion.

Hot Stone Massage Back 30 mins £40
Full Body 1 hr £56

This treatment is known for its deeply relaxing benefits. Using smooth, heated basalt stones placed on specific acupressure points it melts away knots, tension and stress, whilst promoting harmony balance and peace. A truly indulgent experience.

Deep Tissue Massage 30 mins £32
1 hr £47

Used to release chronic tension through slower strokes and more direct deep pressure, combined with body manipulation.

Thai Foot Massage 45 mins £26

To relieve stress, fatigue and insomnia, improves circulation in the legs and feet.

Reflexology 1 hr £38

An alternative medicine method involving the practice of massaging, squeezing, or pushing on parts of the feet, and sometimes the hands, with the aim of encouraging a beneficial effect on other parts of the body, or to improve general health. Benefits include the relief of many issues including anxiety, digestive problems, back pain, sciatica, hormonal imbalance, insomnia, stress related problems PMT and PMS. By appointment only.

Hands & Feet

Jessica Nail Care

Upscale nail and le remedi by Jessica. A customised service to treat your individual needs. For both hands and feet.

File & Polish		£14
File & French Polish		£16
Toe Nail Trim		£7

Jessica La Remedi	30 mins	£18
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A treatment in its own right. Just for the hands, smoothing and luxurious anti-ageing treatment.

Jessica Manicure	1hr	£27
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A prescriptive manicure for beautiful, natural nails. Including an exfoliating treatment, includes cuticle work, massage, masque and polish.

Jessica Mini Manicure	45 mins	£22
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A prescriptive treatment but in half the time. (No scrub or masque)

Jessica Deluxe Manicure	1hr 30 mins	£33
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Includes the use of warm mittens for deeper penetration of products.

Junior Manicure	30 mins	£16
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Especially for under 16's

Additional charge for French Finish		£3
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Jessica Zen Spa Pedicure	1hr 15 mins	£33
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A treatment incorporating hard skin removed with the soaking of the feet, cuticle work and massage, leaving the feet silky smooth. Includes polish.

(Please make sure you wear open toed shoes for any pedicure)

Jessica Mini Pedicure	45 mins	£22
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Foot file, cuticle work, cut and polish. (No scrub or mask)

Jessica Zen Spa Deluxe Pedicure	1hr 30 mins	£37
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Includes the use of heated booties for deeper penetration of the products.

Additional charge for French Finish		£3
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Shellac – Soak off gel polish.

Polish that is dry instantly! Say hello to the original hybrid nail polish, it won't chip or smudge with a 14 day mirror finish.

File & Shellac (fingers or toes)	£27
File & French Shellac	£32
Add Shellac to any Manicure or Pedicure for an extra	£12
Shellac Removal & Re-application	£29
Shellac Removal (can be done at home)	£10
Holographic Nail Glitter on Shellac	£3

Minx Nails

A flexible polymer that is heated then applied to the nail like a sticker with various designs that will not chip or smudge.

File & Minx Toes	£30
Add minx to any pedicure for an extra	£17

Nail Extensions

Full Set of Acrylic or Gel Inc Polish	£33
Full Set of Acrylic or Gel with French Finish	£35
Overlay (Covering of Natural Nail, No Tip)	£26
Maintenance Manicure	£20
Infill's	£23
Infill's with French Finish	£25
Shellac Added to any Service	£11

Eyes

Eyebrow Tidy (wax or tweezer method)	£10
Eyebrow Tint*	£10
Eyelash Tint*	£13
Eyebrow Tint & Tidy*	£16
Eyebrow & Eyelash Tint*	£17
Eyebrow Tint & Tidy plus Eyelash Tint*	£23

**These treatments require a patch test at least 24 hours in advance.*

Eyelash Extensions

Semi permanent, individual lashes are bonded on to your own eyelashes, lasting up to 2 months with maintenance every 2-3 weeks.

Full Set	1 hr 30 mins	£58
2-3 Week Infills	45 mins	£32
Strip Lashes supplied & fitted		£10

Eyelash Lifting	1 hr 15 mins	£45
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Straightening your own lashes at the root followed by toning, giving the appearance of longer, thicker lashes. Lasts approximately 4-6 weeks (Patch test required)

Hair Removal

Waxing using Metique Tea Tree Wax

½ Leg Wax	£18
¾ Leg Wax	£20
Full Leg Wax	£25
Underarm Wax	£10
Bikini Wax	£10
Lip or Chin Wax	£8
Lip & Chin Wax	£12
Forearm Wax	£12

Specialist Bikini Waxing using Hot Film Wax

Brazilian	£25
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Small strip on the front following the same hair line underneath, alternatively all hair can be removed from the sensitive areas underneath.

Hollywood	£28
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All hair removed from the front as well as all the sensitive areas underneath.

High Bikini	£18
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In-between a Brazilian and a bikini

Electrolysis

15 minute initial consultation	FOC
10 minute session	£12
15 minutes session	£14
20 minute session	£17
30 minute session	£20

Make-Up

We use Jane Iredale Mineral Make Up, because it is non-comedogenic, meaning it doesn't block the skins pores.

Make-Up Application Including Cleanse 45 mins	£26
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For day or evening, an application of make-up prior to a special occasion.

Wedding Consultation	1 hr 15 mins	£37
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& Trial Application

A discussion of your needs for the big day, followed by a trial application.

Wedding Make-Up On the Day 45 mins	£42
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Following on from the consultation, the application on the day. Discounts offered for further members of your wedding party. Home visits available, prices on request depending on location.

Slimming

Universal Contour Wrap

"The Full Body Wrap Guarantees Inch Loss"

The wrap exfoliates and cleanses your skin, detoxifying the body and tightening loose tissue. It is excellent for reducing cellulite and stretch marks.

Full Body Wrap	2 hrs 30 mins	£68
Recommended course of 3		£181

Thigh and Tummy Wrap	1 hr 30 mins	£57
Recommended course of 3		£154

Eurowave

An advanced computerised slimming and cellulite treatment, just lay back while Eurowave gently exercises your muscles.

Single Session	30 mins	£27
Course of 6		£135
Course of 12		£245

For Men

Alison is not just about women's treatments. We offer a range of treatments specifically aimed at men.

Guinot Facial Treatments

Please see page 3, all Guinot Facial Treatments can be carried out on cleanly shaven men.

Massages

Please see page 6, all our massages are available to both men and women.

Men's Manicure	30 mins	£20
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Nails are cut and filed, hands and arms massaged, cuticle work.

Men's Pedicure	45 mins	£19
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Nails are cut and filed, a complete treatment for the feet, feet are soaked, cuticle work.

Back Wax or Chest Wax	£24
Back & Chest Wax	£35
Eyebrow Wax	£10
Ear or Nose Wax	£8

Packages

We can create a package of treatments specifically for you, for either, a wedding, holiday preparation, pregnancy, hen party, etc. The package will be discounted from the full individual treatment prices. The only restriction being that all treatments must be carried out on the same day, unless they form part of a wedding day package. Simply ask at reception to start creating yours.

Wedding Services

Looking and feeling great on your wedding day is of equal importance to both bride and groom. We can create a tailor made package of treatments for your wedding from the Hen Party to the Honeymoon.

Please ask reception or visit our website for our recommended treatments guide.

To create your own package, please call Alison Landreth at the salon. Please be aware that due to the crucial timing of some of these treatments it is important to allow plenty of time to pre-book them.

Private Parties

Hire the entire beauty section of the salon for a unique pamper party, whether it's a hen party, or any other special occasion. A wide range of treatments can be incorporated into a pamper party, and can be carried out over half a day or a whole day with a break for lunch.

Treatments suitable for a pamper party,

Manicures & Pedicures
Gel or Acrylic Nail Extensions
Massage
Facial Treatments
Spray Tanning
Sunbeds

To create your pamper party, please call Alison Landreth at the salon. Due to needing sole use of the entire beauty section, please allow plenty of time to pre-book a party.